



Universitatea Tehnică a Moldovei

Corelația între nutriție și tulburări din spectrul autist (TSN) la copii

Elaborat:

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Chișinău, 2023

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Rezumat

În cadrul acestei teze de master, elaborată de Gaicean Alina, a fost efectuat un studiu al corelației între nutriție și tulburări din spectrul autist (TSA) la copiii din Republica Moldova.

Lucrarea este structurată în trei capitole. Primul capitol include un studiu bibliografic amplu ce permite scoaterea în evidență a autismului la copii, caracteristica, simptomele și factorii ce pot cauza apariția acestei maladii.

În capitolul doi este prezentat studiul bibliografic cu referire la alimentația copiilor cu autism și sunt scoase în evidență particularitățile alimentației acestei categorii de copii. Ca obiectiv de bază, a fost studierea tipului de alimentație a sugarului în corelație cu TSA, intoleranțe și alergii alimentare prezente la copii cu autism și diete recomandate copiilor cu autism 5

În capitolul trei al lucrării este prezentată o secțiune specială - nutriția în relație cu autismul la copii în care este elucidată metodologia utilizată în cercetări și expuse rezultatele chestionării. Acest capitol se încheie cu discutarea rezultatelor, concluzii și lista bibliografică.

Резюме

В рамках этой работы, разработанной Гайчан Алиной, было проведено исследование взаимосвязи между питанием и расстройством аутистического спектра (РАС) у детей из Республики Молдова.

Работа структурирована и состоит из трех глав. Первая глава включает обширное библиографическое исследование, позволяющее выделить детский аутизм, особенности, симптомы и факторы, способные вызвать появление этого заболевания.

Во второй главе представлено библиографическое исследование по питанию детей с аутизмом и выделены особенности питания этой категории детей. В качестве основной цели было изучение типа детского питания в связи с РАС, пищевой непереносимостью и аллергией, присутствующей у детей с аутизмом, и диет, рекомендуемых для детей с аутизмом 5

В третьей главе работы представлен специальный раздел - питание применительно к аутизму у детей, в котором освещена использованная в исследовании методика и представлены результаты обследования. Эта глава заканчивается обсуждением результатов, выводов и библиографии.

Summary

As part of this master's thesis, elaborated by Gaicean Alina, a study of the correlation between nutrition and autism spectrum disorder (ASD) in children from the Republic of Moldova was carried out.

The work is structured in three chapters. The first chapter includes an extensive bibliographic study that allows highlighting autism in children, the characteristics, symptoms and factors that can cause the appearance of this disease.

In the second chapter, the bibliographic study is presented with reference to the nutrition of children with autism and the particularities of the nutrition of this category of children are highlighted. As a basic objective, it was to study the type of infant nutrition in correlation with ASD, food intolerances and allergies present in children with autism and diets recommended for children with autism.

In the third chapter of the work, a special section is presented - nutrition in relation to autism in children, in which the methodology used in research is elucidated and the results of the survey are presented. This chapter ends with the discussion of results, conclusions and bibliography.

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